Days 2-8

During your first week, you may find that some decrees simply feel better than others. Feel free to do one decree only for 15 minutes, or continue to use multiple decrees.

You may also find that your opening Call needs to be adjusted or changed. This is perfectly fine. Just remember that your intention is to create changes in your life through this initial 30-day challenge, so stay focused if you can on your original goal.

As you give your decrees, visualize yourself immersed in violet flame. Immerse the object of your decrees in violet flame, as well.

Days 9-15

By now you will have established a certain rhythm and comfort with the decrees. Try varying the speed of your delivery, while maintaining your focus, concentration and visualization.

Days 16-22

As your decrees become more "second nature," you will notice that you have built a certain momentum. It's like a special gear that you are able to shift into more and more rapidly as you continue your decrees.

Days 23-29

Decreeing with the violet flame can become so enjoyable that you may feel the desire to add more time to your daily session. There's no such thing as too much violet flame. As long as you do not neglect other important aspects of your life, increasing the length of your violet flame session is a good thing.

Day 30 - You've done it!

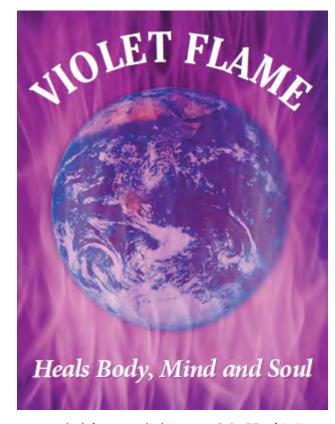
You've successfully completed the 30-day violet flame challenge. Congratulations! And now that you've got your own violet flame story to tell, we invite you to share it. Please mail or email your testimonial to the address listed on the back of this brochure. And we promise that your personal information will remain completely private and never shared.

TAKING THE 30-DAY VIOLET FLAME CHALLENGE

Day 1

- Choose what you will use the violet flame to achieve... from the personal to the planetary and anything in-between.
- Choose one or more decrees for use during each daily 15-minute interval, repeating each decree at least 3 times and preferably 9 or more for best results.
- Use only one call to begin your violet flame session and one closing to end it. It is not necessary to do a new call and closing for each decree you choose to do.
- Use the call provided with your chosen decree(s)... or create your own.
- Find a comfortable place where you will be undisturbed.
- Sit upright with feet planted firmly on the ground and arms and legs uncrossed. Eyes may be open or closed.
- While it is not required, it will be beneficial to deliver your violet flame decrees at approximately the same time and in the same place every day.
- "Center" in your heart and deliver your decrees with purpose, sincerity, intensity and good volume.
- Visualize the object of your decrees for maximum benefit.
- Keep track of your experience and progress in a simple journal.

From The Summit Lighthouse®



TAKE THE 30-DAY VIOLET FLAME CHALLENGE

Gain Control of Your Life.

Shine the powerful Light of the Violet Flame wherever you desire change!

15-minutes a day is all it takes

From The Summit Lighthouse®

WHAT STANDS BETWEEN YOU AND HEAVEN?

The purpose of life is to reunite with the heart of God, but the path of reunion is often challenging. That's because along the way, we must confront and transmute our negative karma. Doubt, guilt, pain and fear can get in the way, too.

And, as we grow in spiritual wisdom, we realize that we simply don't know what we don't know.

No matter what we encounter on our spiritual path, the violet flame is the ultimate tool for illumination, self-mastery...and real progress!

WHAT IS THE VIOLET FLAME?

The violet flame is a high frequency spiritual energy used by the great saints and sages of East and West—and newly released to spiritual seekers in this Age—that cleans up and transmutes negative karma and works wonders healing body, mind and soul!

Use this wondrous elixir to enhance your health, balance your psychology, improve your finances, heal relationships, restore family unity and much more!

The violet flame introduced to today's spiritual aspirants by the ascended master, Saint Germain, has expanded through the work of Mark and Elizabeth Clare Prophet.

It is the goal of Saint Germain and the ascended masters to provide all seekers with proven, practical tools to accelerate their progress on their homeward journey.

HOW DOES IT WORK?

Violet flame is applied through the use of dynamic decrees, which are powerful vocal prayers delivered through the throat and other chakras and repeated for emphasis.

Decrees have the power to harness and focus spiritual energies such as the violet flame with laser-like precision.

Decrees follow a simple 3-part formula, much like a written letter.

The Call (or preamble)

This addresses the Divinity within (your I AM Presence and Holy Christ Self) and without (God, the ascended masters, archangels).

Each call articulates the specific focus of the decree and activates your spiritual centers for maximum effect.

The Body

This is the prayer, repeated aloud, that delivers the decree's power.

The Close (or sealing)

This seals the energies generated by the decree and promotes the manifestation of the desired outcome...always adjusted to the Will of God.

For examples of decrees that you may use anytime, please visit **VioletFlame.com.**

WHAT PEOPLE ARE SAYING ABOUT THE VIOLET FLAME

"Since I was scientifically oriented, this challenge to experiment with the violet flame was just what I needed..... To my amazement, old habits just melted away with no effort. Without the violet flame, I am sure that quitting those habits would have been a major struggle."

"I have since found again and again that Saint Germain and all of heaven truly do await our petitions and prayers and calls, and that they are always answered according to God's will and wisdom if we will just ask and accept it made manifest. Try it!"

RESOURCES

Can we help you get started? Have questions or comments? Please use the contact information included for assistance.

You may do the 30-day challenge on your own, or if you would like to connect with others who are also giving the violet flame, contact us or check the website for more information.

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